

Application Instructions – Cold Therapy System

WARNINGS

1. Never place the Flo-pad directly on the skin, always wear an interface
2. Be sure to dry hands prior to plugging in any electrical components
3. Do not run pump without water in the unit
4. Continue to inspect skin for any irritations
5. Stop using the cold therapy unit immediately if you experience any adverse reactions and contact your Health Care Provider

APPLICATION

1. Fill cooler unit with cubed or chunked ice up to the indicated line
2. Top up cooler unit with cold water up to indicated line
3. Place lid onto cooler and lift handle to lock
4. With dry hands, connect the power cord to the top of the unit and into an electrical outlet
5. Apply the sock liner onto leg, position the Flo-pad over top of the liner, with the hose pointing down towards your feet
6. Sit or lay in a comfortable position
7. Connect the two blue hoses together (should hear a click when they clip together)
8. Flo-pad will fill with appropriate amount of cold water

PROTOCOL

Days 0-4: Continuous use (while awake), inspect skin every hour
Days 5-10: One hour on One hour off (while awake)
Days 11-15: As needed

CLEANING



❖It is necessary to clean the hoses and cooler unit after each use/day

1. Drain the Flo-pad by holding it over a sink and pressing in the black valve
2. Dump the water out of the cooler
3. Remove any water from the cooler hose by pressing in on the black valve located at the end of the hose
4. Dry out the cooler and pump with a soft cloth